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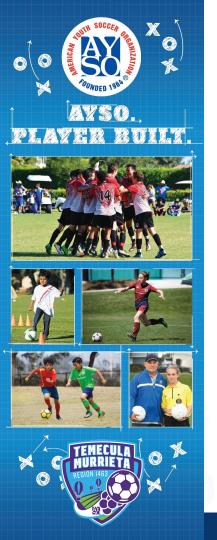














PARENT / GUARDIAN CORE SEASON ORIENTATION

MAY / JUNE 2021 SEASON











PROCEAN INTRODUCTION

Welcome to Region 1463's 2021 Core Season

THANK YOU FOR BEING HERE!

Youth Soccer returns to AYSO Region 1463! We appreciate you taking the time to be here.

INTRODUCTION

REGIONAL COMMISSIONER

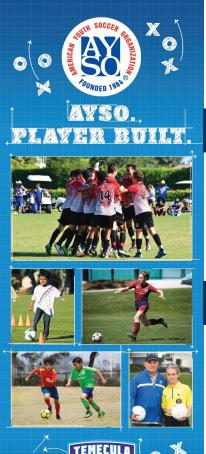
Jaime Bencia

Email: rc@ayso1463.org

- Involved with AYSO since 2012
- Involved with the Board since 2018
- R.C. since 2019/2020

Coach, Referee, Board Member, Section 1 Coordinator





PROGRAM INTRODUCTION

Welcome to Region 1463's 2021 Core Season

AYSO VISION

To provide world class youth soccer programs that enrich children's lives.

AYSO MISSION

To develop and deliver quality youth soccer programs which promote a fun, family environment based on AYSO's Six Core Philosophies.





PROGRAM INTRODUCTION

Welcome to Region 1463's 2021 Core Season

EVERYONE PLAYS

National AYSO requires players to play 50% of each game. AYSO 1463 requires players to play 75% (3 qtrs.) of each game.

BALANCED TEAMS

In-Person Evaluations assist AYSO 1463 in evaluating every player's basic athletic abilities. This allows our region an opportunity to balance teams as evenly as possible

OPEN REGISTRATION

Registration is to all AYSO Regions is open to anyone living in any location

POSITIVE COACHING

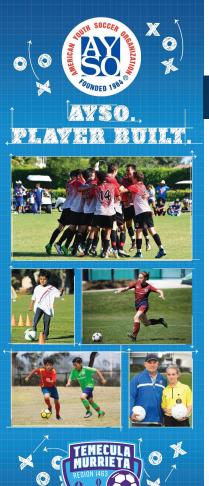
Coaches are required to coach using positive messages and tone while providing constructive criticism to help build a player's soccer skill development

GOOD SPORTSMANSHIP

The entire region, from players, to coaches, referees and parents are required to show good sportsmanship at all times

PLAYER DEVELOPMENT

While winning is great, AYSO 1463's bigger goal is to provide soccer development growth. Coaches are provided the tools.



PROCEAN INTRODUCTION

SECTION 1 / AREA 1R

Our Region is one part of a greater whole at AYSO



Riverside: Region 47



Jurupa: Region 462

Perris: Region 544

Menifee: Region 820

Murrieta/Temecula: Region 1463

French Valley: Region 1508









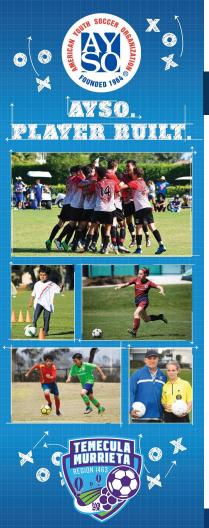








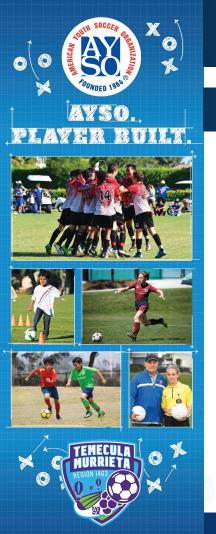




SUPPORT THE KIDS ZONE

- Kids are #1
- Fun not winning is everything
- Fans only cheer, only the coaches should coach
- No yelling in anger
- Respect the volunteer referees
- No swearing
- No alcohol, tobacco, or other controlled substances
- No weapons
- Leave no trash behind
- Set proper example of Good Sportsmanship!





SCHOOLYARD

Schoolyard focuses on **GROUP Session** where kids are provided engaging activities. It's a fun interactive session where players learn the game of soccer.

Players will hop, skip, jump, run, throw, balance, kick and play, all the whole learning fundamental soccer. It's a chance for them to fall in love with the game.

Each end of session will have a short scrimmage game (3v3)



- Sessions Occur on Saturdays
- 6 Sessions Total
- 45 Minute Sessions
- No Weekday Practices
- Size 3 Soccer Ball



6U DIVISION

Designed and researched coaching programs for development stages.

6U Division = Time for Exploration

45 mins practice / Once a Week Maximum

Platform encourages a player to explore, experiment and participate with, and without the ball.

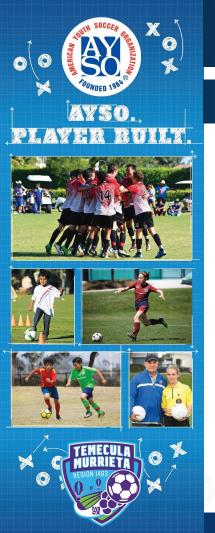
5v5 with No Goalkeeper

30 minute games (15 Min Halves includes Qtr Break Rest)

Coach Supervision & Refereeing / No Official Referees

- Games Occur on Saturdays
- Practices = Once a Week
- Size 3 Soccer Ball
- 6 Games Total





8U DIVISION

Emphasis on Quality Training, establishing good habits and adopting foundations for development. At the same time, prioritizes age-appropriate application. **They are still kids!**

60 mins practice / 1-2 Times a Week Maximum

40 minute games (20 Min. Halves includes breaks)

5v5 with No Goalkeeper

No Offside = More Goals!

Coaches Referee – Possibly Youth Referees

More Information: Website

Programs > Core Program Site > Division Rules

- Games Occur on Saturdays
- Practices = Up to 2x a Week
- Size 3 Soccer Ball
- 6 Games Total







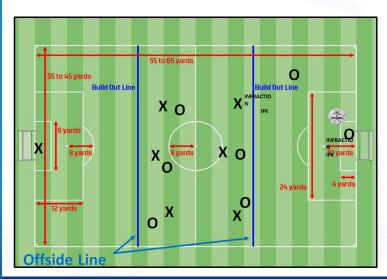






10U DIVISION

60 mins practice / 1-2 Times a Week Maximum 50 minute games (25 Min. Halves includes breaks) 7v7 - Goalkeeper is Involved! Offside Rule is in Effect Referees Must Officiate (Center & ARs)



- Games Occur on Saturdays
- Practices = Up to 2x a Week
- Size 4 Soccer Ball
- 6 Games Total

OFFSIDE & BUILD OUT LINE

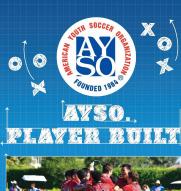
The spirit of this rule is to encourage 10U teams to learn how to play the ball forward from the first third.

Traditionally keepers have been able to just punt the ball across the midway line which was a detriment to the players learning how to progress the ball forward from defense to mid-field to the attackers.

Offside: The build-out line shall be used as the line to determine offside. Players cannot be penalized for an offside offense between the halfway line and the build-out line.

YouTube Video Explanation:

https://www.youtube.com/watch?v=sY408eOnAW4











12U DIVISION

60 mins practice / 1-2 a week maximum 60 minute games (30 min halves) / 9v9 Game

Big Ticket Items:

- Positions should be taught and encouraged
- Goalkeepers: Cannot play more than 3 quarters as Keeper. Must play 1 qtr on field.
- No Headers allowed Drop ball to opposing team

- Games Occur on Saturdays
- Practices = Up to 2x a Week
- Size 4 Soccer Ball
- All Games in Murrieta
- 6 Games Total

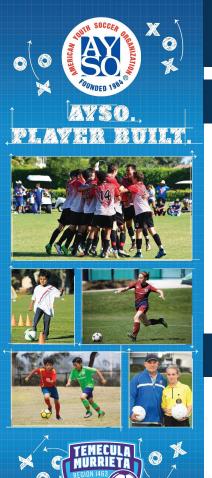
14U/16U DIVISION

90 mins practice / No more than 3 hours a week 70 minute games (35 min halves) / 11v11 Game

Big Ticket Items:

- Positions should be taught and enforced
- Goalkeepers: Can play all 4 Quarters
- Headers are allowed (Unless 12U Aged Player 2009)

- Games will Occur on Weekdays & Saturdays
- Size 5 Soccer Ball
- Games in Murrieta, French
 Valley, Menifee, Perris
- Follows 14U Division Rules
- 8-9 Games Total



EQUIPMENT RELATED

EQUIPMENT LIST

AYSO 1463 provides uniforms which include a Jersey, Shorts and Socks.

Players are **required** to wear shin guards underneath their socks

Cleats not required but highly recommended

- Soccer Balls
- **4U-8U**: Size 3
- **10U-12U**: Size 4
- 14U and above: Size 5
- Water! Please bring lots of water!

NOT ALLOWED

- No jewelry (Earrings, Watches, Necklaces)
- Medical alert bracelets are the only exception
- No sunglasses are allowed unless they are prescription sunglasses
- No casts or splints even if they're padded and the player has been cleared by a doctor
- Soft braces are ok No metal inserts











QUESTIONS?

For more information regarding our Divisions, including rules and regulations, please go to our website, <u>www.AYSO1463.orq</u>, highlight the

PROGRAMS tab, and select **CORE PROGRAM SPRING 2021.**

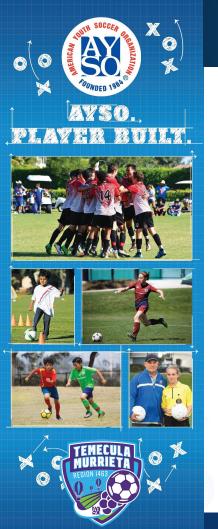
CONTACT OUR COACH ADMINISTRATOR:

Josh Schwarz

coachadmin@ayso1463.org

ABOUT 1463	PROGRAMS	SAFETY	VOL	UNTEERS	CONTACT US
SKILLS DEVELOPMENT PROGRAM SCHOOLYARD		CORE PROGRAM SPRING 2021 AYSO UKI SUMMER CAMP		SPRING SELECT What is Spring Select? Select Program Criteria	





UPCOMING EVENTS (PARENTS)

Coaches Contacting Parents Now

Will Happen This Week

Your Coaches should be in contact by the end of this week. Contact us if you don't receive contact by **end of day Friday, April 16th**.

Practices Begin

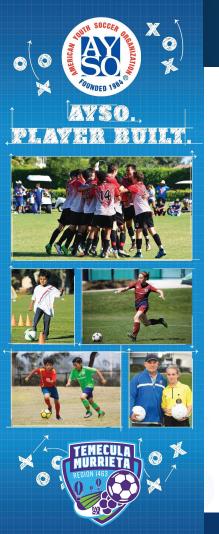
Week of April 19th

Practices will begin sometime during the week of April 19th. Your Coach will inform you on the dates, times. **Location:** Warm Springs (Torrey Pines Park).

Uniform Distribution

Week of April 19th

Uniforms will be distributed to parents by Coaches sometime on the week of April 19th. More info to come.



UPCOMING EVENTS (PARENTS)

Picture Day

Sunday, April 25th (Times are set. Will be provided soon)

Picture Day will be on Sunday, April 25th. Kids will be taking individual pictures as well as team pictures. More information to come regarding schedule and any other picture packages available for purchase.

Game Schedule Distribution

Week of April 26th

First Gameday Saturday

Saturday, May 1st

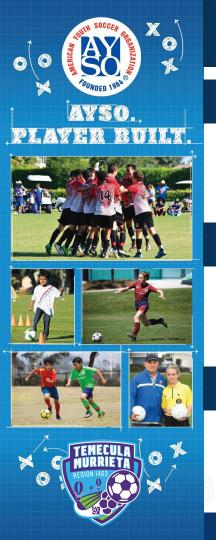
Memorial Day Weekend (No Games): Saturday, May 29th

Saturday Game Days for All | 14U/16U is an exception

Schoolyard - One Saturday Session per week

Final Gameday Saturday

Saturday, June 12th



WHAT IS AN AYSO VOLUNTEER?

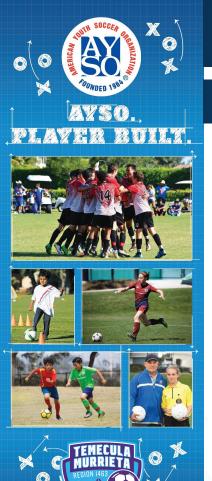
A Coach, Referee, Registrar, Fundraiser, Field Manager, Publicist, Treasurer, Regional Commissioner. Many people, all contributing their time and efforts to make AYSO a great program for our soccer-playing kids.

WHY DO WE NEED VOLUNTEERS?

Volunteers power the Region. Without Volunteers AYSO 1463 would not exist. Volunteers strengthen AYSO by giving their time, energy along with their ideals and ideas. We absolutely need your help!

WHO CAN BE A VOLUNTEER?

Almost anyone can volunteer. Moms, Dads, Sisters, Brothers, Grandparents, even players themselves! AYSO needs all of you to help make our Soccer program a fantastic experience for our kids!

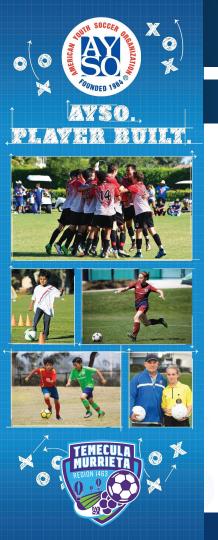


BOARD MEMBERS

- **Regional Commissioner**
- Asst. Regional Commissioner
- Treasurer
- Secretary
- Coach Administrator
- Referee Administrator
- Child & Volunteer Advocate
- Registrar
- **Safety Director**
- Volunteer Coordinator
- Other Board Members Positions Division Coordinators, Sponsorship, Fundraising, Purchaser and More!







OTHER VOLUNTEERS

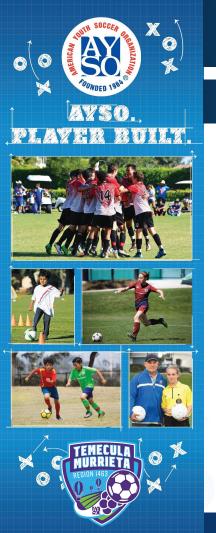
- Coaches
- Assistant Coaches
- Referees

EVERYONE PLAYS®

- Asst. Referees
- Youth Referees

BALANCED TEAMS





REQUIRED CERTIFICATIONS

SAFE HAVEN COURSE

The course covers all of AYSO's philosophies on promoting safety, injury prevention as well as behaviors necessary to create a positive soccer experience.

CDC CONCUSSION COURSE

Volunteers will be given insight on the telltale signs of a concussion and know what to do in case one appears to occur.

SUDDEN CARDIAC ARREST COURSE

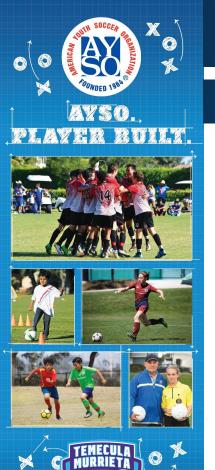
Volunteers are provided to help recognize the signs and risk factors for SCA.

COACH / ASST. COACH CERTIFICATIONS

Coaches are required to complete Coaching certification up to the division they are coaching. Certifications for older divisions require in-person training.

REFEREE CERTIFICATIONS

Volunteers are required to complete Regional Referee training to become certified as a Referee in AYSO.



REFEREES

WE ALWAYS NEED REFEREES!

The Referee's job is to be the official in charge of the match. He/she is the independent arbiter and manager of the match. A referee's authority extends to everyone at the field, including players, substitutes, team officials, spectators, and assistant referees.

The Referee is responsible for enforcing the Laws of the Game in such a way as to keep the game Safe, Fair & Fun. The referee is expected to interfere with the game as little as possible, avoiding making calls for doubtful and trifling offenses.

Refereeing in AYSO is a challenging and rewarding volunteer experience. Here is an opportunity for you to join the kids on the pitch as they learn to love the "Beautiful Game". You'll have a great time and get some exercise too!







REFEREE ADMIN

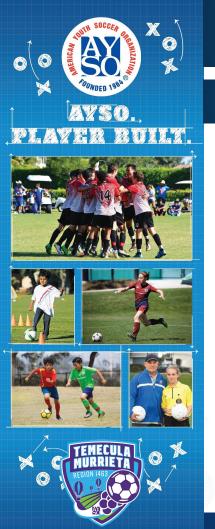
For more information regarding Refereeing, please go to our website, www.AYSO1463.org, highlight the **VOLUNTEERS** tab, and select our REFEREE PORTAL.

CONTACT OUR REFEREE ADMIN:

Mauro Guevara refadmin@ayso1463.org







WHERE DO I SIGN UP?

For more information regarding Volunteers, please go to our website, www.AYSO1463.org, highlight the VOLUNTEERS tab, and select our **VOLUNTEER PORTAL.**

CONTACT OUR VOLUNTEER COORDINATOR:

Carlos Torres

div10u@ayso1463.org volunteercoord@ayso1463.org

ABOUT 1463 PR	DGRAMS	AMS SAFETY VOLU		CONTACT	
BOARD MEMBERS	COA	COACH RESOURCES		REFEREE RESOURCES	
VOLUNTEER PORTAL	G	eneral Resource	5	Becoming a Referee Laws of the Game 2021 Youth Referees	
AYSOU Information	P	ractice Field			
Coach Courses & Info		nformation			
Referee Courses & In		occer Related Re	sources		



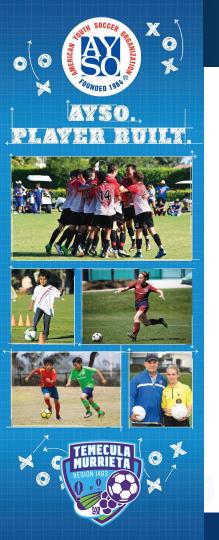
EVERYONE PLAYS®

BALANCED TEAMS

OPEN REGISTRATION

POSITIVE COACHING

GOOD SPORTSMANSHIP PLAYER DEVELOPMENT



SPECTATOR EXPECTATIONS

Coaches and Referees are usually parents. They volunteer their time to help make your child's youth soccer experience a positive one. **They need your support, too!**

What Coaches and Referees don't need is your help in coaching from the sidelines. Please refrain from coaching during the games and practices.

Take care of our Referees! They're volunteers, too, and need your support and encouragement. Treat them and their calls fairly and respectfully.

We ask that in addition to respecting the other volunteers, please know that we may use you as a Club Linesman to help out our referees during the game.



PARENT RESPONSIBILITIES

OPENING TASKS (Teams who play in the first Game)

- Place Goals on Field / Add Nets to Goals
- Place Stakes / Sandbags on Goal Backing
- Check for / Help Fill-in Gopher Holes
- Review the Fields for any Concerns

CLOSING TASKS (Teams who play in the final Game)

- Put Goals Away
- Put Stakes & Sandbags Away
- Pick up Trash Around the Field



SAFETY RELATED

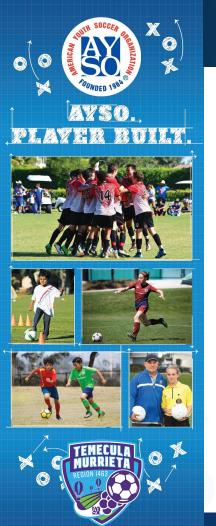
RAIN POLICY

AYSO 1463 **does not** cancel games due to the rain. However, the City of Murrieta might. If games get canceled, Coaches will notify you. We will also update our Social Media pages and send out an email alert through Sports Connect.

Note: If there's thunder and lighting, play is stopped immediately and everyone should leave the field to a safe area (typically a car). Play cannot resume until 30 minutes after all thunder and lightning have stopped.

HEAT POLICY

If the day is deemed hot, all games will be given an extra water break per quarter. Please make sure to bring LOTS of water during these days.



SAFETY RELATED

(a) Masks are Mandated

- Coaches, volunteers and parents will need to wear a mask at all times.
- Players should wear masks coming and going, but will take them off for the duration of their game on the field.

(b) Please practice social-distancing

- Players' water/bags should be spread out from each other.
- Parents must remain 6 ft. social distanced from other families

(c) Sanitize frequently

 Coaches will be provided sanitizer, should encourage frequent use including but not limited to the start, middle and end of games. Sanitizer will be available at sanitizing stations.

(d) Other Reminders

- Attendance during Sat Sessions will be limited to 2 adults max. Siblings are OK.
- Canopies and EZ-UPS will not be allowed on the fields. Umbrellas are ok.
- Pets are not allowed on the field. Please leave all pets at home. Service animals ok.
- Parents must remain on field with Children (10U & Under). No drop-offs.
- Start of Game: Home Team will start with possession and away team will choose a side
- End of Game Celebration Protocols: Players line up midfield to clap/thank parents.
- Snack Protocols: Only pre-packaged Snacks will be allowed. No snacks in ziplock bags.

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SAFETY RELATED



Field Usage - Active & Inactive Fields for Social Distancing

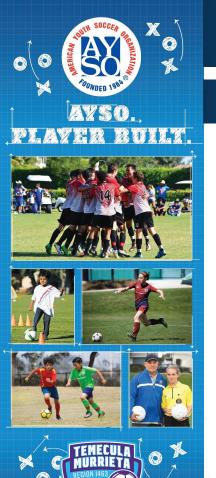
Parents/Guardians will be required to sit 6ft away from other families and 8 ft away from the sidelines.



In the above example, when Field 3 is inactive, Fields 2 and 3 are Active



In the above example, when Fields 2 & 4 are inactive, Field 3 is Active



SAFETY RELATED

SAFETY DIRECTOR

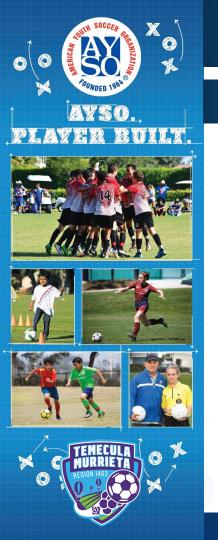
For more information regarding our Safety Protocols, please go to our website, www.AYSO1463.org, highlight the **VOLUNTEERS** tab, and select our **SAFETY PORTAL**.

CONTACT OUR SAFETY DIRECTOR:

Carrie Lopez safety@ayso1463.org

1463	PROGRAMS	SAFETY	VOLUNTEERS	CONTACT US
Constitution of the	TO PLAY INFO R Guidelines	SAFETY GUIDELINES SAFETY CONTACT	SAFETY TRAINING Safe Haven T Concussion Sudden Card Training	Training





NOTES TO KEEP IN MIND

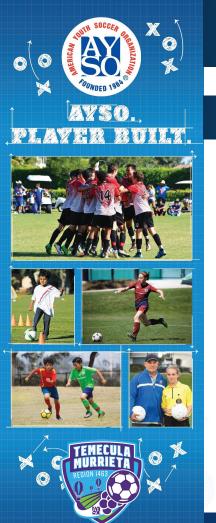
- Practices Cannot Start until Monday, April 19th
- Non-Registered Players or Volunteers <u>cannot</u> participate in practices or Games
- Under no circumstances should adults play in Scrimmages/Games.
 That includes playing games with other adults or minors.
- Club Linesman Not Covered by Insurance
- No Pets allowed. Service animals will be considered ok.
- Make sure to review our Safety Protocols ASAP.
 Available on the Safety tab on our website www.ayso1463.org



REGION RECOGNITION PINS!

- For each game, 6U Division Coaches and above should be on the lookout for a player on their team who is an amazing representative of AYSO 1463.
- This child will be awarded one of three Region Recognition Pins!
- Each team will have one winner per week!
- Schoolyard No Pins this Season. Children are too young
- 6U Division: All Children will receive one 8U & Above: Must be earned!





EAT-IN FUNDRAISERS

In order to help cover new equipment costs, field and equipment maintenance, rising field costs and more, AYSO 1463 is asking for a small favor. Instead of selling items, we're asking parents to visit the following participating restaurants on specified event nights.























SOCCER.COM FAN WEAR



- A portion of all AYSO 1463 Sales will go back to our Region.
- Find the store as one of the websites main banner links!
- Kids and Adults Sizes Takes 2 weeks to arrive so order early











AYSO UKI / UK INTERNATIONAL

AYSO Region 1463 is proud to announce that we have signed a deal AYSO Summer Camps / UK International to offer several high class full day and half-day soccer camps in the Summer!

June 14th - June 18th (Session #1) July 26th - July 30th (Session #2) WWW.UKSOCCER.COM





SOCCER CAMPS



Ages & Times:

4-14 Years (gam - 12pm)

June 14 - June 18 · July 26 - July 30

Venue:

Vista Murrieta School 28251 Clinton Keith Road,

Murrieta, CA 92563

(11-14 yrs) COMPETE WITH YOUR FEET

- · Technical Development
- · Tactical Understanding

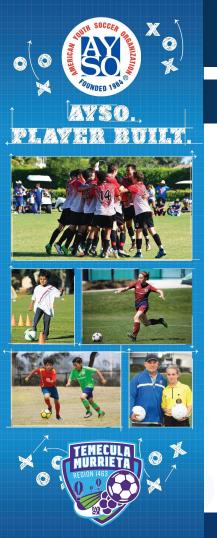
· Stimulating Practice Positive Environment

- Position Awareness
- Game Related Situations





*Providing Safer



SOCIAL MEDIA SITES

Information about AYSO 1463 is always being posted on our Social Media sites as well as our region website. Makes sure to follow them all to keep track of the latest AYSO 1463 information.



https://www.facebook.com/Ayso1463/



https://www.instagram.com/Ayso1463/



https://www.twitter.com/Ayso1463/

WEBSITE: WWW.AYSO1463.ORG

HAVE AN AMAZING SEASON!

